

# Registration

## Prices

Full price	\$205
Earlybird (If paid before Monday September 28th)	\$185

Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_ Postcode \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Occupation \_\_\_\_\_

Place of work \_\_\_\_\_

Special dietary needs (morning tea, afternoon tea and lunch provided)

## Payment options

Cheque  Money Order  Credit Card

Card type:  Visa  Mastercard

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Credit Card Number Expiry Date CVV

Card Holder's Name \_\_\_\_\_

## It's easier to book online!

To book online go to:

[www.breastfeedingconferences.com.au](http://www.breastfeedingconferences.com.au)

Cheque or Money order can be made payable to:  
Australian Lactation Management Associates (ALMA)

Please forward completed form and payment to:

41 Heath Marsh Road  
Panmure, Vic 3265

ABN 83 820 560 346 – Barbara Glare



## About Breastfeeding Conferences

Breastfeeding Conferences offers a range of conferences and seminars on all aspects of birth breastfeeding, infant and child development, infant mental health.

We offer:

- Conferences
- Online conferences
- E-learning modules
- Conference management

For more information go to

[www.breastfeedingconferences.com.au](http://www.breastfeedingconferences.com.au)

To find out more about this conference program, payment options, the speakers or conference facilities please contact Barb Glare on 0488 757 334 or visit

[www.breastfeedingconferences.com.au](http://www.breastfeedingconferences.com.au)

## Accreditation

IBCLC CERPs have been applied for.  
midPLUS CPDs have been applied for.

## Conference bookshop

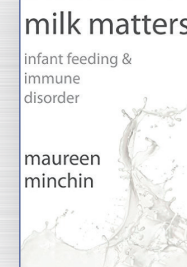
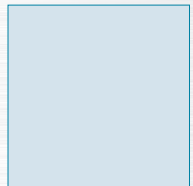
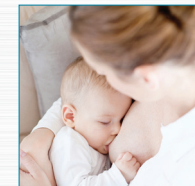
The Breastfeeding Conferences bookshop will be operating on the day, including Maureen Minchin's groundbreaking text "Milk Matters".



[www.breastfeedingconferences.com.au](http://www.breastfeedingconferences.com.au)

# Talking about Breastfeeding

*Current topics in lactation*



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**DATE:** Saturday, October 17th 2015

**VENUE:** Bayview Eden Melbourne  
6 Queens Road, Melbourne Vic 3004

# Program

8.15am	Registrations – Tea and coffee
8.45am	Introduction and welcome
9.00 am	<b>Maureen Minchin</b> – Preventing, identifying and managing allergy in young infants
9.45 am	<b>Peter Hartmann</b> – Initiation of lactation: Secretory differentiation and secretory activation
10.30 am	<b>Susan Tawia</b> – Iron and exclusive breastfeeding
11.15 am	Morning tea
11.45 am	<b>Rachel Fuller</b> – Twice as nice or double the trouble? Supporting families with twins to achieve their breastfeeding goals
12.30 pm	<b>Jennifer Ayton</b> – Time to re-think exclusive breastfeeding: Results from an analysis of the Australian Infant Feeding Survey
1.15 pm	Lunch
2.15 pm	<b>Peter Hartmann</b> – Experience based versus evidence based care for breastfeeding mothers.
3.00 pm	<b>Maureen Minchin</b> – “First do no harm” What you don’t know about infant formula
3.45 pm	Panel Q&A
4.00 pm	Close

# Speaker Biographies

## Professor Peter Hartmann

Professor Hartmann completed his PhD at the University of Sydney in 1967. After postdoctoral positions at NIRD in the UK, University of Pennsylvania, and University of Sydney, he was appointed to a lectureship in biochemistry at The University of Western Australia in 1972. He has been Head of Department of Biochemistry and Dean of the Faculty of Science at The University of Western Australia. His initial research interest was in lactation in dairy animals, and in 1973 commenced studies on the biochemistry and physiology of lactation in women. He has published extensively on the synthesis and secretion of milk over the entire lactation cycle of women – from conception to weaning. Over the last 48 years he has published 180 papers in peer-reviewed journals, 21 book chapters, and 62 review papers.

## Susan Tawia

Dr Susan Tawia holds a PhD in Reproductive Physiology, a Diploma in Breastfeeding Management and a Diploma in Education and, before joining the Australian Breastfeeding Association, worked as a research scientist and science teacher.

In 2008, Susan was appointed a Scientific Information Officer with ABA, and in that role she provided up-to-date scientific information to breastfeeding mothers, ABA counsellors and community educators, health professionals and other stakeholders. Susan also writes review articles for ABA's peer-reviewed journal, *Breastfeeding Review*.

In 2013, Susan was appointed the ABA Manager of Breastfeeding Information and Research and while continuing to write articles and ensuring that ABA provides evidence-based information, she has also been identifying research opportunities within ABA and promoting research collaborations between ABA and university-based researchers.

## Rachel Fuller

Rachel Fuller has been supporting families with breastfeeding and early parenting for almost 15 years, initially as a volunteer breastfeeding counsellor with the ABA, prior to certifying as an IBCLC in 2008. Rachel has also undertaken training in infant sleep, child development and nutrition and is also an accredited provider of primary care Triple P (positive parenting program). Rachel is also a certified infant massage instructor.

Rachel has worked in a variety of settings that support new parents through the challenges of early parenting, including as facilitator of maternal and child health new parent groups and a playgroup for families affected by post natal depression.

Rachel has been an active volunteer for the Australian Breastfeeding Association since 1999 is currently the national President and Chair of the Board, a role she has held since 2011.

## Maureen Minchin

Medical historian and health educator Maureen Minchin has been involved in global efforts to promote evidence-based infant feeding for decades, and is internationally recognised for her pivotal role in creating the lactation consultant profession. She has been a consultant to international bodies such as the World Health Organization (WHO) and the United Nations Children's Fund (UNICEF). She has educated health professionals, including through creating university-based courses in the UK and Australia. And she is an Editorial Board member for the open-access online International Breastfeeding Journal.

## Jennifer Ayton

Jen is currently a PhD candidate jointly with the University of Tasmania school of Sociology and Menzies Institute of Research, a senior clinical lecture with the school of health sciences and researcher. Jen has a broad clinical background in midwifery and health sciences and her principal interests are breast and infant feeding, motherhood and fatherhood and social theory. She has achieved success in gaining the Tasmanian Early Years Scholarship to pursue her PhD, a number of competitive grants and peer-reviewed papers.